

# VIRTUAL BABYSITTING



Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

## PREREQUISITE

Minimum 11 years of age (or completion of Grade 5)

## COURSE DATES

Thursday, Friday

4:30-6:30 pm

Jan 7, 8, 14, 15.....684738

Monday, Tuesday, Thursday

4:30-6 pm

Feb 1, 2, 4, 8, 9.....684489

Feb 16, 18, 22, 23, 25.....684490

Monday, Tuesday, Thursday

10-11:30 am

Feb 1, 2, 4, 8, 9.....684493

March 1, 2, 4, 8, 9.....684494

## REGISTRATION

Register Online at [MoveLearnPlay.Edmonton.ca](http://MoveLearnPlay.Edmonton.ca)  
or Call 311

## COURSE CONTENT

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

## COURSE MATERIALS

Scheduled pick up of course materials at a City of Edmonton Recreation or Leisure Centre

## TECHNOLOGY REQUIREMENTS

Access to Computer, Camera, Microphone and Internet

## SAFETY CONSIDERATIONS

For virtual classrooms, the following is required:  
An adult must be on site with the learner – they do not need to be present in the video, but they must be available in the space for help if needed.  
Recording sessions is not permitted unless parents have signed disclosure statements.

